

Year 2 PSHE Curriculum Requirements -

Focus Area	PSHE Knowledge/Skills Targets	Suggested curriculum links/topic ideas/activities/assessment opportunities/key questions	Suggested Resources	Key vocabulary
Being Me in My world	<ul style="list-style-type: none"> <li>• I can recognise my hopes &amp; fears for this year.</li> <li>• I know that there are rights &amp; responsibilities for being a member of my class &amp; school.</li> <li>• I know how to make my class a safe and fair place.</li> <li>• I know how to work co-operatively.</li> <li>• I know that the choices I make may have consequences.</li> </ul>	How can you make the class a safe and fair place?	Jigsaw – Being Me in My World Ages 6-7 Puzzle 1	rights responsibilities rewards consequences co-operate
Celebrating Difference	<ul style="list-style-type: none"> <li>• I understand that people can make assumptions about girls and boys.</li> <li>• I know that bullying can be about people being different.</li> <li>• I know how to get help if I am unhappy or being bullied.</li> <li>• I know that is ok to be different from other people.</li> <li>• I know ways in which I am different from my friends.</li> </ul>	What do you do if you are being bullied? How are you different from your friends?	Jigsaw – Celebrating Difference Ages 6-7 Puzzle 2	differences similarities stereotypes bullying
Dreams and Goals	<ul style="list-style-type: none"> <li>• I know how to set realistic goals.</li> <li>• I know how important it is to keep trying.</li> <li>• I know who I work well with</li> <li>• I know how to work well with a partner or in a group.</li> <li>• I know how to share success with other people.</li> </ul>	How does it feel to be part of a successful group?	Jigsaw – Dreams & Goals Ages 6-7 Puzzle 3	achieve goals attitude obstacles success perseverance
Healthy Me	<ul style="list-style-type: none"> <li>• I know how to keep healthy.</li> <li>• I know how to relax.</li> <li>• I know that you need to use medicines safely.</li> <li>• I know what foods are healthy.</li> <li>• I know what foods give my body energy.</li> </ul>	What types of food must you eat every day to keep healthy?	Jigsaw – Healthy Me Ages 6-7 Puzzle 4	healthy unhealthy relaxed stress energy

Relationships	<ul style="list-style-type: none"> <li>• I know who everyone is in my family.</li> <li>• I know that some forms of physical contact are unacceptable.</li> <li>• I know what can cause problems with my friends.</li> <li>• I know that sometimes it is good to keep a secret and sometimes it is not good to keep a secret.</li> <li>• I know that there are people who can help me in my family, school and community.</li> </ul>	What causes conflict between friends?	Jigsaw – Relationships Ages 6-7 Puzzle 5	physical contact acceptable unacceptable personal qualities conflict community
Changing Me	<ul style="list-style-type: none"> <li>• I know that there are life cycles in nature.</li> <li>• I know that the process of growing from young to old is not in my control.</li> <li>• I know that some things about me have changed since I was a baby.</li> <li>• I what parts of the body are private.</li> <li>• I know which parts of the body are different for girls &amp; boys and can use the correct names for these.</li> <li>• I understand that there are different types of touch.</li> </ul>	What has changed about you and what has stayed the same? Which parts of your body are private?	Jigsaw – Changing me Puzzle 6	life cycles natural penis testicles vagina vulva anus